

First Fridays & Pathwork Studies

Relationship to Self, Others & God

Fall 2007-Spring 2008

First Friday is an opportunity for Pathwork seekers old and new to study and discuss the Guide lectures in a relaxed environment. A Pathwork helper will enliven the work with examples, exercises, prayer and meditation. These transforming concepts can be made real in your life! These are informal gatherings and although we encourage you to download (www.Philapathwork.org) and read the lecture, that is not required.

Following each First Friday, there will be a Pathwork Studies workshop: either a one-day workshop, or a 4-week (2-hr/week) workshop. Helpers in the region will lead the Pathwork Studies workshops. The cost for the Pathwork Studies workshops: \$100 for a one-day; and \$125 for the four weeks.



FIRST FRIDAYS		FOLLOW-UP WORKSHOPS	
October 5 <i>Lecture # 174</i>	Self-Esteem	Oct. 20 Carolyn Tilove 215-752-9894	The Joy of Being You
November 2 <i>Lecture # 177</i>	Self-Confidence	Nov. 10 Renee Whatley 215-472-6454	A Deeper Faith in Self
December 7 <i>Lecture # 97</i>	Perfectionism	December	No Pathwork Studies
January 11 <i>Lecture # 107</i>	Three Aspects That Prevent Loving	Jan. 19 Carolyn Tilove 215-752-9894	Stop in the Name of Love
February 1 <i>Lecture # 103</i>	The Harm of Too Much Loving	Feb. 9 Joyce Belmonte 610-793-4321 & Renee Whatley: 215-472-6454	What Does Love Have to Do With It
March 7 <i>Lecture # 192</i>	Real Needs, False Needs	March 10, 17, 24, 31 Carol Day 609-392-7855	What Do You Really Need?
April 4 <i>Lecture # 213</i>	Let Go, Let God	April 12 Gayle Lacks 215-576-7933	Finding Deep Faith
May 2 <i>Lecture # 75</i>	The Great Transition	May 10 Sharon Balsama 610-222-4688	Let Me Accept the Things I Cannot Change
June 6 <i>Lecture # 9</i>	The Lord's Prayer	June 9, 16, 23, 30 Renee Whatley 215-472-6454	Lord, How Shall We Pray?



First Friday Locations: When and Where We Meet

7:00-9:00 pm on the First Friday of each month

Please RSVP so we will know how many will be attending.

New Jersey
Carol Day
609-392-7855
21 Whittier Ave,
Trenton, NJ 08618

Philadelphia
Renee Whatley
215-472-6454
Presidential-Madison House,
Suite D-105, 3900 City Line Ave,
Philadelphia, PA 19131

Blue Bell Area
Sharon Balsama
610-222-9104
272 Center Point Lane
Lansdale, PA 19446

Paoli, PA
Pnina Polishook
610-667-1176
165 W. Lancaster Ave
Paoli, PA 19301